

Nurse Trail's GUIDELINES FOR ILLNESS



Please remember to follow these guidelines in determining when your child is healthy enough to return to school.

- ▶ Please continue to report COVID and Influenza cases and call for guidance to return.
- ▶ Parent notes are accepted but will not excuse an absence. A doctor's note is needed for absences of 5 or more days.
- ▶ Students should be "fever-free" (less than 100.0 F) for a full 24 hours before returning to school. This is fever-free without the aid of medication such as Tylenol, Advil and Motrin. If your child has a fever today, keep them home tomorrow.
- ▶ Students should be able to tolerate foods/fluids for a full 24 hours following a "stomach bug" with vomiting and/or diarrhea and be symptom free for 24 hours. If your child is vomiting and/or having diarrhea one day, keep them home the next day.
- ▶ Students diagnosed with a strep infection or pink eye should have 24 hours of antibiotic treatment and improved symptoms before returning to school.
- ▶ A cough should be under good control.
- ▶ Thorough and frequent hand washing is encouraged.

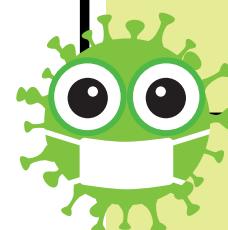


REMINDER:

Medication can NOT be given in the nurse's office without a doctor's order and written parental permission. This includes prescriptions and over the counter medications.

NO EXCEPTIONS

Students are never permitted to carry any type of medication to or from school. All medications must be dropped off to the nurse, in a labeled container, by an adult.



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